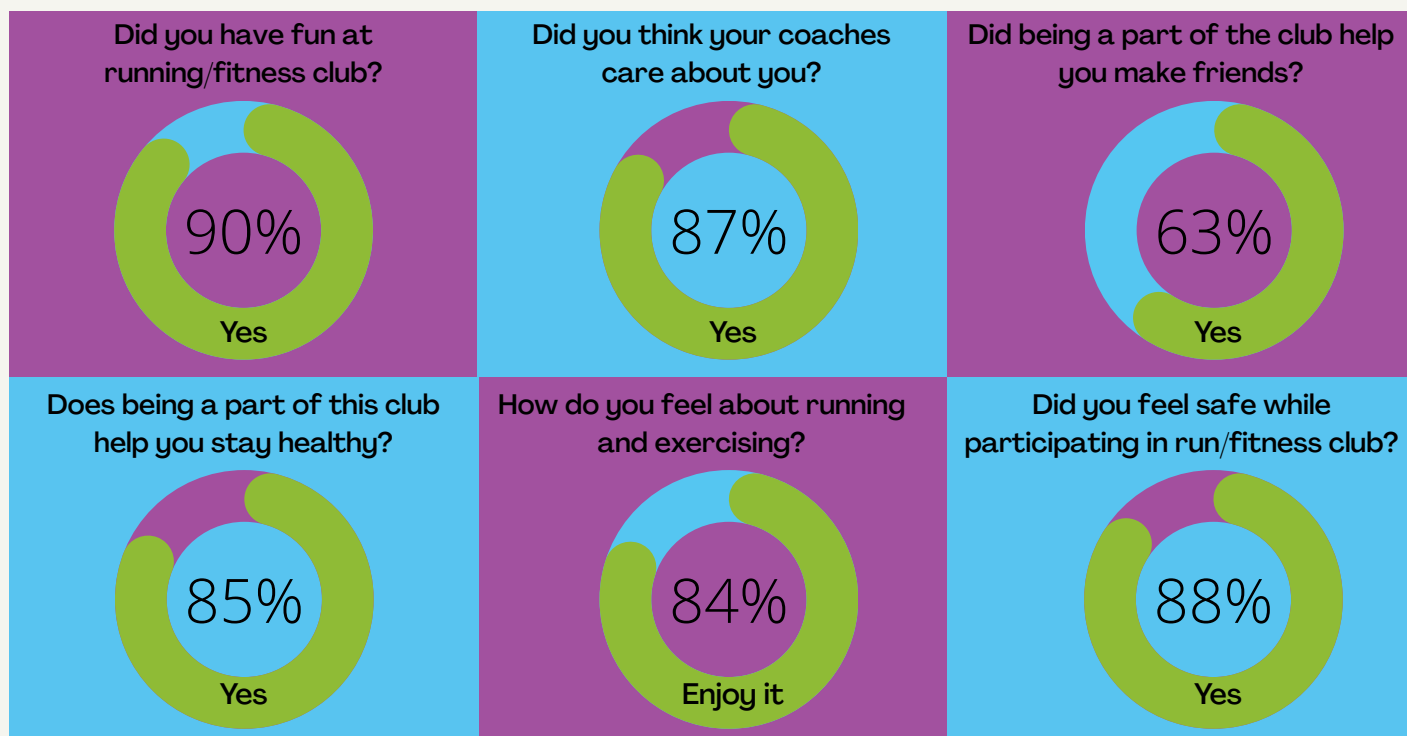


KIDS ON THE MOVE

2024-2025 PROGRAM EVALUATION REPORT

There were 790 students that completed the student survey and 39 coaches that completed the coaches survey.

CHECK OUT WHAT THE STUDENTS HAD TO SAY:



*The remaining percentage represents students who indicated no or not sure

Why did you join run or fitness club?

"It gave me an opportunity to be outside. I also want to be healthy and work towards a healthy weight."

-Obama Elementary student

"To be more healthy and to be more productive."

-Jackson Davis Elementary student

"Because I wanted to grow within my school's community and because I enjoy running."

-Elizabeth Davis Middle student

What is your best memory from run or fitness club?

"Thursday morning laughs and runs with friends."

-LL Beazley Elementary student

"Running the 10k mini and tacky light mini and getting medals."

-Elizabeth Scott Elementary student

"The Mitten Mile with my Dad."

-Crestview Elementary school

If you could tell your coach one thing you learned, what would it be?

"I learned that a little encouragement goes a long way."

-River City Middle student

"That I should never give up."

-Old Hundred Elementary student

"That exercise is good for you."

-Fairfield Court Elementary student

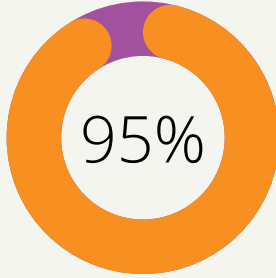
"There are so many ways to make running fun. It did not even feel like running."

-St. Catherine's School student

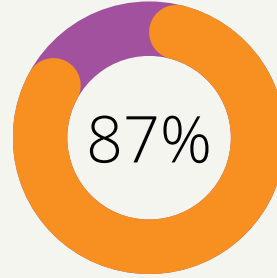
You can view the full Student Survey Report at:
<https://www.sportsbackers.org/wp-content/uploads/2025/06/Student-Survey-Report.pdf>

CHECK OUT WHAT THE COACHES HAD TO SAY:

I feel motivated to continue to be a part of run club/fitness club again next year.



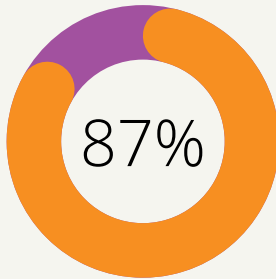
I feel that students that participate in my club demonstrate improved school performance, improved focus, or decreased behavior issues.



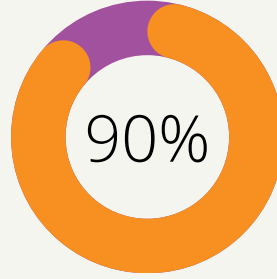
I feel supported by the Kids On The Move staff.



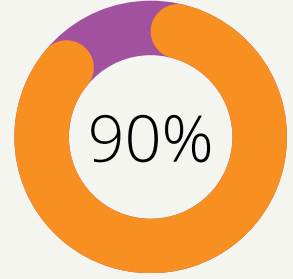
I utilized the run /fitness club activities available in the Coaches Resource Folder.



I feel that the race registration process for the Kids On The Move sponsored races is easy and manageable.



I feel that the emails from Kids On The Move staff are timely and helpful.



What's are some positive changes you have noticed in the students participating in your club?

"Improved attendance, decrease in disruptive behaviors from frequently disruptive students."

-Lakemont Elementary head coach

"Connecting with other students. Learning determination and setting personal goals."

-Lois Harrison Jones Elementary head coach

"I have seen students who may have disagreements or tension during the school day getting along perfectly well with each other during run club."

-St. Catherine's School head coach

"Our runners look energized and have a positive attitude after practice. It's a great way to start the day!"

-L.L Beazley Elementary head coach

What do you like about being a coach, and why do you think the program is important?

"At our Title 1 school, Kids On the Move ensures that every child can participate in something positive and empowering. It builds self-confidence and sportsmanship, and fosters a sense of pride. It has also increased parent engagement and support."

-Fairfield Court Elementary assistant coach

"What I love most about coaching a run club is witnessing personal transformations whether it's a runner hitting a new personal best, watching students create new friendships, seeing them grow emotionally and behaviorally from season to season, or simply improving their confidence. It is important that we are creating a supportive and motivating environment where kids can come to exercise, have fun, socialize, feel a part of something and be themselves."

-Old Hundred Elementary head coach

You can view the full Coach Survey Report at:
<https://www.sportsbackers.org/wp-content/uploads/2025/06/Coaches-Survey-Report.pdf>