# 2024 - 2025 ANNUAL EVALUATION REPORT



This year, the ALL Stars program supported 20 student-athletes and awarded \$73,000 in scholarship funds. At the conclusion of the program, we conducted an anonymous survey to gauge programmatic impact and success. Of the 20 students, we received 17 completed surveys.

### Survey results show we are achieving the program's objectives.

PROGRAM OBJECTIVE STATEMENTS	% STUDENTS AGREE OR STRONGLY AGREE
I can identify reasons it is important for scholar-athletes to play a role in active living in their communities.	100%
I can identify what contributes to and the benefits of an active living community.	100%
I was connected to active living organizations and the corporate, government, and non-profit organizations that contribute to an active, vibrant community.	100%
Through this program, I explored and identified active living inequities.	100%
I was able to make a direct impact on active living opportunities in our community through volunteerism and completion of a capstone project.	100%
I felt supported by my crew's assigned mentors throughout the ALL Stars program.	94%

#### Students worked together to complete 5 capstone projects.

- Facilitated a workshop for students at Albert Hill Middle School to share the benefits of active living and participating in sports.
- Created a series of Brain Break videos to encourage movement during the school day for elementary school students.
- Built garden beds at Ratcliffe Elementary School.
- Created a Bike Safety Escape Room website, featuring bike safety videos and content, geared towards elementary school students.
- Refurbished and painted the blacktop at Harry E. James Elementary School.

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MORE PROGRAM OBJECTIVE STATEMENTS	% STUDENTS AGREE OR STRONGLY AGREE
I felt informed, mentored, and supported by the program director.	100%
I have a better understanding of the variety of ways that people can choose to live actively.	100%
I met and collaborated with other student-athletes from around the Richmond region that I otherwise would not have met.	100%
I feel better prepared to handle the transition to life after I'm no longer playing sports at the high school or collegiate level.	94%
I would recommend this program to other student-athletes at my school.	100%
I am interested in staying connected with the ALL Stars program as an alumni.	94%







### Check out what the students had to say:

"The ALL Stars program gives student-athletes the support they need to succeed in school, sports, and life. It builds confidence, leadership, and college readiness, especially for those facing barriers. This program doesn't just change lives—it strengthens our entire community."

"The ALL Star program opened my eyes up to so many different issues and inequities within the active living community. It taught me many different ways I can help and also educate others on how to promote safe and healthy activities/spaces for everyone."

"My favorite part of the All Stars program was meeting other student athletes in Virginia. I felt more connected to them compared to my own classmates and I made very good friendships."