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**STATION 1:**

**PLANKSGIVING**

**(Plank Hold)**

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**STATION 2:**

**TURKEY FEATHER FLAPPERS**

**(Jumping Jacks)**

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**STATION 3:**

**HARVEST HOPS**

**(Hop back & forth across the line)**

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**STATION 4:**

**PILGRIM PUSH-UPS**

**(Diamond Push-Ups)**

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**STATION 5: TURKEY TROT**

**(Run around the cones!)**

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**STATION 6:**

**PILGRIM POP UPS**

**(Jump Squats)**

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**STATION 7:**

**FRIENDSGIVING**

**(Reverse Lunges with your Partner)**