



JOIN US APRIL 12, 2025
RICHMOND, VA

Registration form fields: FIRST NAME, LAST NAME, STREET ADDRESS, CITY, STATE, ZIP CODE, GENDER (M/F/NB), DATE OF BIRTH (mm/dd/yy), TELEPHONE #, If you are a student, what school do you attend?, Estimated Finish Time, EMAIL ADDRESS, CHOOSE EVENT: 10K, 10K MINI KIDS RUN, 20K CHALLENGE, VIRTUAL 10K, CIRCLE SHIRT SIZE (10K: YOUTH L, S, M, L, XL, XXL; KIDS RUN: (8), (10-12); ADULT S, ADULT M)

EVERY PARTICIPANT MUST PROVIDE RACE DAY EMERGENCY CONTACT NAME: TELEPHONE#:

This event has a NO refund policy, even in the case of a race cancellation, event format changes, postponement, and/or if you are unable to participate. You may not transfer your entry to another person. You may defer your 2025 entry through March 23. No deferrals will be accepted after March 23. NO EXCEPTIONS. Photo/Film Release: Your image, motion picture, recording, or any other record of this event may be used for future marketing materials or other legitimate uses.

ENTRY FEE table with columns: 10k Adult, 10k Youth, 10k Mini (1 Mile for Kids), and rows for Early Bird Registration (April 26 - April 29) and Registration Reopens (December 2).

Payment Method section with checkboxes for Check and Credit Card, fields for Credit Card Number, Expiration Date, CSV, Billing Zip Code, and Name as it appears on card. Includes a yellow 'Please note' box about credit card processing fees.

\$15 Income based rate available through April 7 or event sellout

SPECIAL RATE VERIFICATION- Office Use Only section with checkboxes for Verification/Eligibility letter from Social Services and Tax return, and an Approved: (Name) (Date) field.

20k Challenge section: Complete a virtual 10k from April 5-12 and then complete the in-person 10k on April 20. Participants will receive an additional medal and Ukrop's Rainbow Cookies.

Donations section with fields for Kid On The Move Donation and VCU Massey Cancer Center Donation.

Technical Shirt Upgrade section: Upgrade from a 100% cotton race t-shirt to a Brooks technical running shirt for \$20. (Circle Unisex Shirt or Ladies Tank)

TOTAL AMOUNT ENCLOSED field.

EVERY PARTICIPANT MUST SIGN THIS WAIVER! Runner's Agreement, Waiver, Release, And Acknowledgment

I know that running or walking a road race is a potentially hazardous activity. I will not enter and participate unless I am qualified, in good health, medically able, and properly trained. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, the conditions of the road, potential exposure to communicable disease (including but not limited to coronavirus/COVID-19, other viruses, bacteria, and all other infectious pathogens and disease vectors), all such risks being known and appreciated by me. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the event. I fully accept and assume all responsibility for losses, costs, and damages I incur as a result of my running this event. I agree to abide by any decision of a race official relative to my ability to safely complete the event. Having read this waiver, knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, discharge, waive, and release the Metropolitan Richmond Sports Backers, Ukrop's Homestyle Foods, Kroger, YMCA of Greater Richmond, Atlantic Union Bank, Sheehy Auto Stores, Bon Secours Mercy Health, Inc., VCU Massey Cancer Center, City of Richmond, County of Henrico, Road Runners Club of America, USA Track and Field, and any other sponsors, along with their officers, directors, agents, volunteers and employees from all claims or liabilities of any kind arising out of my participation in this event.

SIGNATURE (Parent or Guardian if Under Age 18) DATE

Entry fees are non-refundable and non-transferable. No exceptions. Make checks payable to Sports Backers. Sign up online or mail this entry form and payment (before April 2) to: Sports Backers | 100 Avenue of Champions | Richmond, VA 23230