Ukrops MONUMENT AVENUE IO PRESENTED BY Krog				JOIN US APRIL 20, 2024 richmond, va
IRST NAME			LAST NAME	
TREET ADDRESS				
ITTY ELEPHONE #		S	STATE ZIP CODE	M / F / NB / / / / / / / / GENDER (circle one) DATE OF BIRTH (mm/dd/yy) Image: Settimated Finish Time
CHOOSE EVEN	T:	EMAIL ADDRESS		
10K	10K MINI KIDS RUN Virtual 10k	CIRCLE SHIRT SIZE 10K: YOUTH L S M	KIDS L XL XXL RUN:	YOUTH M YOUTH L ADULT S ADULT M (8) (10-12)
EVERY PARTICIPANT Must provide	RACE DAY EMERGENCY CONT	ACT NAME:		TELEPHONE#:

This event has a **NO** refund policy, even in the case of a race cancellation, event format changes, postponement, and/or if you are unable to participate. You may not transfer your entry to another person. You may defer your 2024 entry through March 31. No deferrals will be accepted after March 31. **NO EXCEPTIONS. Photo/Film Release**: Your image, motion picture, recording, or any other record of this event may be used for future marketing materials or other legitimate uses.

ENTRY FEE	10k Adult	10k Youth	10k Mini th (1 Mile for Kids)	
April 26 - April 30	\$35	\$25	\$20	\$
November 28 - January 3	\$40	\$30	\$25	\$
January 4 - January 31	\$45	\$35	\$25	\$
February 1 - February 29	\$50	\$40	\$30	\$
March 1 - March 31	\$55	\$45	\$35	\$
April 1 - April 15	\$60	\$50	\$40	\$
April 16 - April 20	\$65	\$55	\$45	\$
\$15 Income based rate ava	\$			

SPECIAL RATE VERIFICATION - Office lise Only

This individual has demonstrated eligibility of income of less than \$25,000/ye one of the following:	ar by providing				
U Verification/Eligibility letter from Social Services D Tax return					
Approved:(Name) (Da	to)				
	le)				
20k Challenge					
Complete a virtual 10k from April 13-20 and then complete the \$23	\$				
in-person 10k on April 20. Participants will receive an additional medal and Ukrop's Rainbow Cookies.					
Donations					
Kids Run RVA Donation	\$				
VCU Massev Cancer Center Donation	\$				
Technical Shirt Upgrade					
	1.				
Upgrade from a 100% cotton race t-shirt to a Brooks technical running shirt for \$20. (Circle Unisex Shirt or Ladies Tank)	\$				
running sint for sev. (on or oniser Shift of Laures fairs)					
TOTAL AMOUNT ENCLOSED					
	\$				

Payment Method:	Please note:			
Check (Payable to SPORTS BACKERS)	All credit card transactions will			
Credit Card (Visa, MasterCard, or American Express)	incur a 5% processing fee.			
Credit Card Number:	b			
Expiration Date:/ CSV: Billing Zip Code:				
Name as it appears on card:				

EVERY PARTICIPANT MUST SIGN THIS WAIVER! Runner's Agreement, Waiver, Release, And Acknowledgment

I know that running or walking a road race is a potentially hazardous activity. I will not enter and participate unless I am qualified, in good health, medically able, and properly trained. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, the conditions of the road, potential exposure to communicable disease (including but not limited to coronavirus/COVID-19, other viruses, bacteria, and all other infectious pathogens and disease vectors), all such risks being known and appreciated by me. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the event. I fully accept and assume all responsibility for losses, costs, and damages I incur as a result of my running this event. I agree to abide by any decision of a race official relative to my ability to safely complete the event. Having read this waiver, knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, discharge, waive, and release the Metropolitan Richmond Sports Backers, Ukrop's Homestyle Foods, Kroger, YMCA of Greater Richmond, Atlantic Union Bank, Sheehy Auto Stores, Bon Secours Mercy Health, Inc., VCU Massey Cancer Center, City of Richmond, County of Henrico, Road Runners Club of America, USA Track and Field, and any other sponsors, along with their officers, directors, agents, volunteers and employees from all claims or liabilities of any kind arising out of my participation in this event.

SIGNATURE (Parent or Guardian if Under Age 18)

DATE

Entry fees are non-refundable and non-transferable. No exceptions. Make checks payable to Sports Backers. Sign up online or mail this entry form and payment (before April 10) to: Sports Backers | 100 Avenue of Champions | Richmond, VA 23230