



# KidsRUN RVA

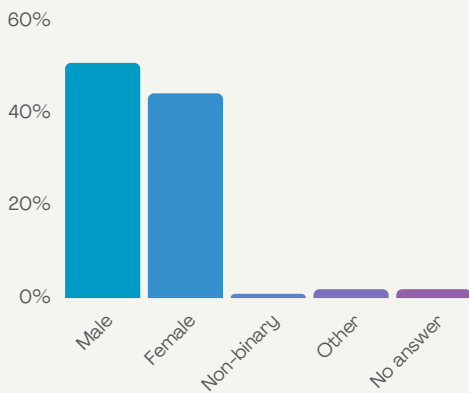


## 2021-2022 PROGRAM EVALUATION REPORT

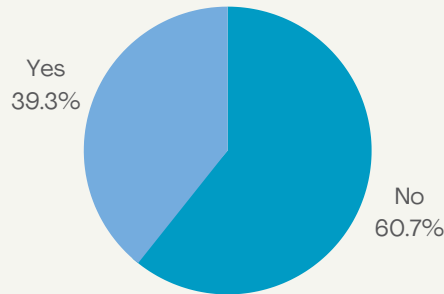
At the end of the school year, we solicited feedback from Kids Run RVA Coaches and the students that participate in run clubs. There were 107 students that completed the student survey and 15 coaches that completed the coaches survey.

### STUDENT DEMOGRAPHICS

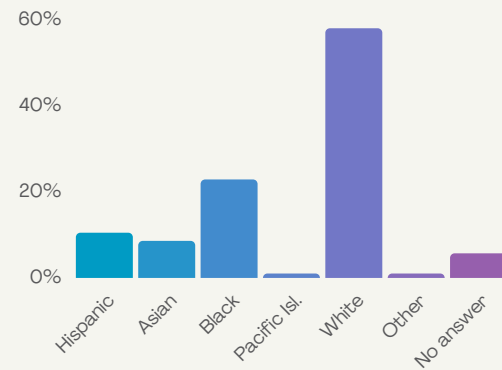
I prefer to identify as ...



Have you participated in run club before this season?

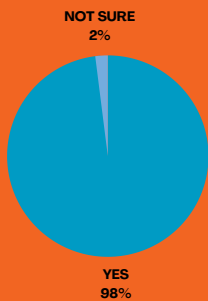


I am a member of the following group(s) ...

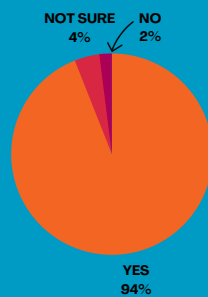


### CHECK OUT WHAT THE STUDENTS HAD TO SAY:

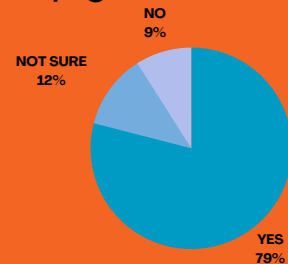
Did you have fun at run club?



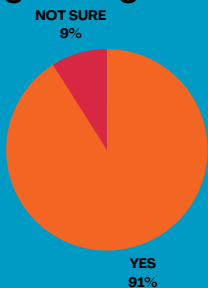
Did you think your run club coaches care about you?



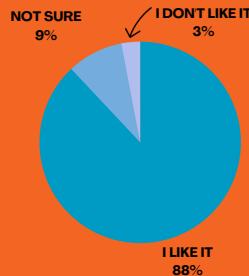
Did being a part of run club help you make friends?



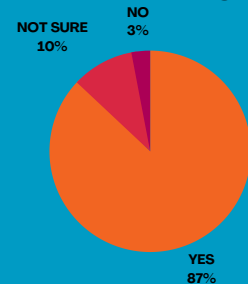
Does being a part of run club help you stay healthy?



How do you feel about running?

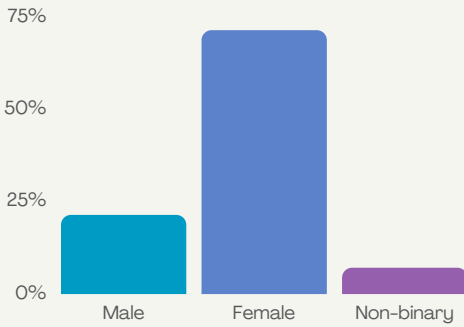


Do you want to participate in run club next year?

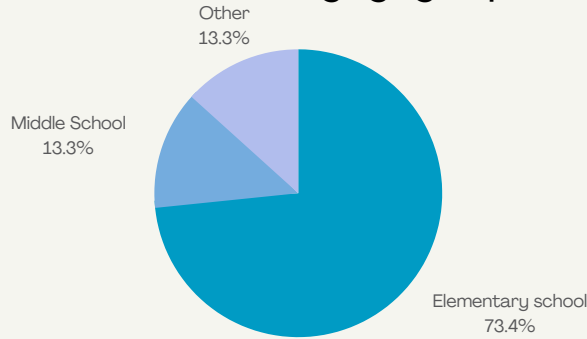


## COACH DEMOGRAPHICS

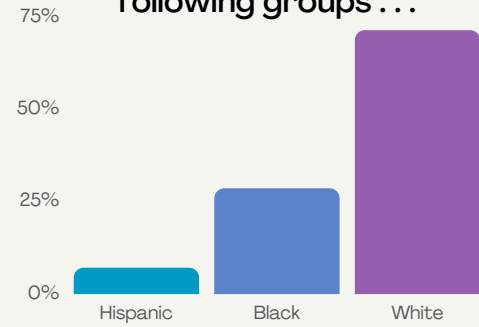
I prefer to identify as ...



I coach the following age groups ...



I am a member of the following groups ...

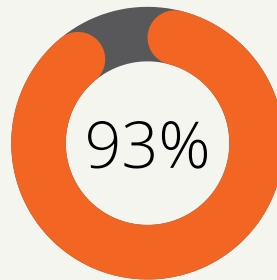


## CHECK OUT WHAT THE COACHES HAD TO SAY:

I feel like Kids Run RVA has available resources that clearly outline a coach's responsibilities.



I feel motivated to continue to be part of run club again next year.



I feel Kids Run RVA recognizes and appreciates me as a run club coach.



## NOTABLE QUOTES:

“The coaches really helped me build confidence, self esteem, and improved my running.  
-Dinwiddie Elementary Student”

“Kids Run RVA provides the right amount of support to make run clubs and fitness clubs a success across a multitude of schools. I truly appreciate the balance of providing resources and sharing ideas and letting us experiment on our own to find out what works for us and the kids that we serve. - Fit4Kids Coach”

“I feel like I've been healthier since I joined run club.  
-Patrick Copeland Elementary Student”

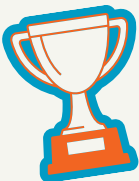
“I will always cherish this club.  
-Lucille Brown Middle Student”

“I appreciate everything Kids Run RVA does for the students. From the shirts, to access to the races, to the grants, I feel I have everything I need to make it a success. My questions are always answered and I don't feel overwhelmed with any part of the process.  
-Saint Joseph School Coach”

“When I was really tired and I was alone my friends came and we ran and it felt so good.  
-Crestview Elementary Student”

“I joined run club so I can make friends and get some early morning exercise.  
-Scott Elementary Student”

“Staying active and drinking water is good for me.  
-Southside Elementary Student”



You can view the full Student Survey Report at:  
[www.sportsbackers.org/wp-content/uploads/2022/07/Student-Survey-Report.pdf](http://www.sportsbackers.org/wp-content/uploads/2022/07/Student-Survey-Report.pdf)  
 You can view the full Coaches Survey Report at:  
[www.sportsbackers.org/wp-content/uploads/2022/07/Coach-Survey-Report.pdf](http://www.sportsbackers.org/wp-content/uploads/2022/07/Coach-Survey-Report.pdf)

