

Redeem this coupon for a **pencil** at Sports Backers Stadium (100 Avenue of Champions, Richmond, VA 23230). If you're a teacher interested in redeeming a large quantity of coupons for your students, please call (804) 285-9495.

Limit one coupon per participant. Coupon not reproducible. **Expires 5/1/20**

Redeem this coupon for a **carabiner** at Sports Backers Stadium (100 Avenue of Champions, Richmond, VA 23230). If you're a teacher interested in redeeming a large quantity of coupons for your students, please call (804) 285-9495.

Limit one coupon per participant. Coupon not reproducible. **Expires 5/1/20**

Redeem this coupon for a **jump rope** at Sports Backers Stadium (100 Avenue of Champions, Richmond, VA 23230). If you're a teacher interested in redeeming a large quantity of coupons for your students, please call (804) 285-9495.

Limit one coupon per participant. Coupon not reproducible. **Expires 5/1/20**

Redeem this coupon for a **Kids Challenge finisher medal** at Sports Backers Stadium (100 Avenue of Champions, Richmond, VA 23230). If you're a teacher interested in redeeming a large quantity of coupons for your students, please call (804) 285-9495.

Limit one coupon per participant. Coupon not reproducible. **Expires 5/1/20**



KidsRUN RVA

Kids Run RVA, an initiative of Sports Backers, motivates thousands of young people across our region to run and be active on a regular basis. Sports Backers is committed to improving the health of our children by encouraging routine physical activity, which is critical to their long-term growth and well-being.

Donations to Kids Run RVA help us provide free training opportunities for youth of all ages, abilities, and backgrounds as well as funding to support school-based run clubs and events.

The following organizations have provided generous support to Kids Run RVA.

★ Altria Group

Apex

Fleet Feet

★ John Randolph Foundation
Memorial Foundation
for Children

★ George J. and Effie L. Seay
Foundation

★ Richmond Road Runners Club

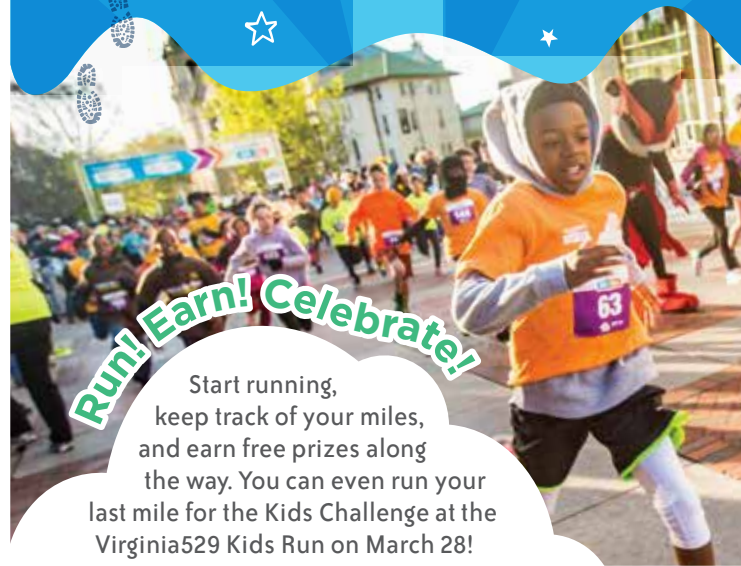
★ Wells Fargo Bank

"I love the run club because it can make me strong and healthy."

- Student at Fairfield Court Elementary

"Run club makes me feel like I'm part of something."

- Student at Flat Rock Elementary



Run! Earn! Celebrate!

Start running, keep track of your miles, and earn free prizes along the way. You can even run your last mile for the Kids Challenge at the Virginia529 Kids Run on March 28!



Run, Earn, Celebrate!

Run or walk regularly and color in how far you go. Find a safe place to run at your school or in your neighborhood. Earn FREE Kids Challenge prizes along the way! Run all 26 miles, color in the squares, and collect your finisher medal.



PENCIL

Redeemable at Sports Backers Stadium

Child has completed 6.2 miles
(parent's or teacher's initials)

CARABINER

Redeemable at Sports Backers Stadium

Child has completed 13.1 miles
(parent's or teacher's initials)

JUMP ROPE

Redeemable at Sports Backers Stadium

Child has completed 20 miles
(parent's or teacher's initials)

CONGRATS

You Completed the Kids Challenge!

Child has completed 26 miles
(parent's or teacher's initials)

Cross the finish line!

You can run your last mile at the Virginia529 Kids Run on **Saturday, March 28** (must register at sportsbackers.org). You'll cross the same finish line as participants in the Ukrop's Monument Avenue 10k, where you'll be greeted by cheers from the crowd and awarded a finisher medal!

Name: _____ Grade: _____ Teacher: _____ School: _____