



Join us August 25, 2018 • Ashland, VA

THIS RACE HAS A STRICT THREE-HOUR TIME LIMIT

First Name															Last Name																			
Street Address																																		
City															State					ZIP Code					Sex					Age on Race Day				
Telephone Number																																		
Email Address																																		

Are you a Richmond Road Runners Club member? ☐ Yes ☐ No

Race Day Emergency Contact

Emergency Contact Phone Number

Circle Shirt Size:

S M L XL XXL

OFFICE USE ONLY

<p>Payment Method:</p> <p><input type="checkbox"/> Check (Payable to RRRC)</p> <p><input type="checkbox"/> Credit Card (Visa, MasterCard, or American Express)</p>	<p>Credit Card Number: _____ - _____ - _____ - _____</p> <p>Expiration Date: ____/____</p> <p>Name as it appears on card: _____</p>
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Every participant must sign this waiver!

Runner's Agreement, Waiver, Release And Acknowledgment

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a road race official relative to my ability to safely complete the run, but I understand that I am primarily responsible for my own safety. I assume all risks associated with running this event, including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Richmond Road Runners Club, the Road Runners Club of America, Sports Backers, the City of Ashland, the County of Hanover, and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose. This is a road race conducted under the rules of USATF and RRCA. In consideration of the safety of all participants, I agree not to use any of the following while participating in this event: baby joggers, baby strollers, headphones, animals on leash, skateboards, inline or roller skates, or bicycles.

Signature (Parent or guardian if under the age of 18) **Date**

Entry Fees

	RRRC Member	Non-Member
Through July 15	\$50	\$55
July 16 – August 23	\$55	\$60
Walk-up Registration (Aug 24)	\$60	\$65 = \$ <input type="text"/>

TOTAL AMOUNT ENCLOSED = \$

Make check payable to: *Richmond Road Runners Club*

Mail This Entry Form And Payment To:

Richmond Road Runners Club • PO Box 8724, Richmond, VA 23226

www.rrrc.org • PHHalf@rrrc.org