



Virginia529™ Kids Run

JOIN US APRIL 1, 2017 RICHMOND, VA

FIRST NAME	LAST NAME				
STREET ADDRESS					
CITY	STATE	ZIP CODE	M/F	DATE OF BIRTH (mm/dd/yy)	
TELEPHONE #	If you are a student, what school do you attend?				
			CHOOSE EVENT: <input type="checkbox"/> 10K <input type="checkbox"/> KIDS RUN		
EMAIL ADDRESS					
	This name will be printed on your personalized bib if you register by Feb. 15. (Note: only the first 11 characters will appear on your bib.) If you do not want your name on your bib, leave this field blank.				
NICKNAME					

10K WAVE PLACEMENT

 :

10k Predicted Time (Hrs : Mins)

- Seeded Runner (under 63 min.)*
- Runner (63-70 min.)
- Jogger (70-90 min.)
- Jog/Walker (about 90-100 min.)
- Walk/Jogger (about 100-110 min.)
- Walker (about 110 min. or more)

EVERY PARTICIPANT MUST PROVIDE

PROOF OF SUB-63 MINUTES*:

- Use my attached 2015 or 2016 Ukrop's Monument Avenue 10k time
- Other proof attached (run since January 1, 2015)
- No proof: Place in appropriate non-seeded wave

* Entries predicting a sub-63 **MUST** submit proof. For instructions on qualifying times and running with others, visit www.sportsbackers.org

CIRCLE SHIRT SIZE

10K: YOUTH L S M L XL XXL

KIDS RUN: YOUTH M (10-12) YOUTH L (14-16) ADULT S ADULT M

RACE DAY EMERGENCY CONTACT NAME:	TELEPHONE#:
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Payment Method:

- Check (Payable to SPORTS BACKERS)
- Credit Card (Visa, MasterCard, or American Express)

Credit Card Number: _____ - _____ - _____ - _____

Expiration Date: ____/____/____

Name as it appears on card: _____

ENTRY FEE

Check www.sportsbackers.org for current entry fee. \$

Donations

Kids Run RVA Donation \$

VCU Massey Cancer Center Donation \$

Technical Shirt Upgrade

Upgrade from a 100% cotton race t-shirt to a Brooks technical running shirt for \$20. \$

TOTAL AMOUNT ENCLOSED

\$

Entry fees are non-refundable and non-transferable. No exceptions. **Make checks payable to Sports Backers.** Sign up online or mail this entry form and payment to:

Sports Backers | 100 Avenue of Champions, Suite 300 | Richmond, VA 23230
www.sportsbackers.org | info@sportsbackers.org | (804) 285-9495

EVERY PARTICIPANT MUST SIGN THIS WAIVER! Runner's Agreement, Waiver, Release, And Acknowledgment

I know that running a road race is a potentially hazardous activity. I will not enter and run unless I am qualified, in good health, medically able, and properly trained. I assume all risks associated with this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. I acknowledge that if I believe event conditions are unsafe, I will immediately discontinue participation in the event. I fully accept and assume all responsibility for losses, costs, and damages I incur as a result of my running this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. Having read this waiver, knowing these facts, and in consideration of accepting my entry, I for myself and anyone entitled to act on my behalf, discharge, waive, and release the Metropolitan Richmond Sports Backers, YMCA of Greater Richmond, City of Richmond, Ukrop's Homestyle Foods, Kroger, Virginia529, Subway, Allianz Worldwide Partners, Collegiate Running Association, VCU Massey Cancer Center, Road Runners Club of America, all other sponsors, along with their officers, directors, agents, volunteers and employees from all claims or liabilities of any kind arising out of my participation in this event. This is a road race conducted under the rules of USATF. It is not intended for and will not permit individuals with baby joggers, strollers, dogs on leashes, skateboards or roller blades.

SIGNATURE (Parent or Guardian if Under Age 18)

DATE